

Basic Coaching Skills Play Sheet

Coaching Partner Call Agendas 4-6

4) Awareness Leads to Better Action

- a) Assist each other in truly understanding the recurring actions of your games as players.
- b) Share examples of how you expanded awareness to create better actions with your players.

5) Coaching Presence

- a) Assist each other in understanding “Coaching Presence”.
- b) Share examples of how you built “Trust & Intimacy” in a coaching session.

6) Critical Moments

- a) Assist each other in debriefing how you improved as a coach during the 6 week program.
- b) Do a “Game Over” conversation to wrap up your experience of coaching each other.